

## Client Information

Name: \_\_\_\_\_ Cell phone: (    ) \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Referred by: \_\_\_\_\_ Email \_\_\_\_\_

In Case of Emergency: \_\_\_\_\_ Home phone: (    ) \_\_\_\_\_

### General & Medical Information

Occupation: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ [ ] F [ ] M

Are you in good health? [ ] Yes [ ] No Age: \_\_\_\_\_

Has there been any change to your health in the past year? [ ] Yes [ ] No

If so, please explain: \_\_\_\_\_

Physician: \_\_\_\_\_

**If you answer "yes" to any of the following questions, please explain as clearly as possible in the space provided.**

Do you suffer from acne? [ ] Yes [ ] No

Do you suffer from allergies? [ ] Yes [ ] No

Do you have arthritis? [ ] Yes [ ] No

Do you have high blood pressure? [ ] Yes [ ] No

If yes, what medication are you taking? \_\_\_\_\_

Do you suffer from epilepsy or seizures? [ ] Yes [ ] No

Do you suffer from claustrophobia? [ ] Yes [ ] No

Do you have varicose veins or distended capillaries? [ ] Yes [ ] No

Do you have any contagious diseases? [ ] Yes [ ] No

Do you have heart disease? [ ] Yes [ ] No

Do you have asthma? [ ] Yes [ ] No

Have you ever had or currently have cancer? [ ] Yes [ ] No

Please explain: \_\_\_\_\_

Do you suffer from a blood disorder? [ ] Yes [ ] No

Do you have seborrhea? [ ] Yes [ ] No

Please explain: \_\_\_\_\_

Are you pregnant or nursing? [ ] Yes [ ] No

Do you wear contact lenses? [ ] Yes [ ] No

Please take a moment to carefully read the following information you have provided and sign where indicated. If you have a specific medical condition or specific symptoms, certain massage or esthetic treatments may be contraindicated. A referral from your primary care provider may be required prior to services being rendered. If I experience any pain or discomfort during this session I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my comfort level. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Do you wear dentures? [ ] Yes [ ] No

Do you have a pacemaker? [ ] Yes [ ] No

Are you currently being treated by physicians for any condition? [ ] Yes [ ] No

Please explain: \_\_\_\_\_

Do you have any other medical condition I should know about? \_\_\_\_\_

Are you taking any medications (including non-prescription drugs)?  
Birth Control Pills [ ] Yes [ ] No Diuretics [ ] Yes [ ] No

Accutane [ ] Yes [ ] No Vitamins/Supplements [ ] Yes [ ] No

Hormone Therapy [ ] Yes [ ] No Antibiotics [ ] Yes [ ] No

Aspirin [ ] Yes [ ] No Vitamin A (topical/internal) [ ] Yes [ ] No

Renova [ ] Yes [ ] No Benzoyl Peroxide [ ] Yes [ ] No

Glycolic Acid [ ] Yes [ ] No Retin A [ ] Yes [ ] No

How much water do you drink a day? \_\_\_\_\_ glasses

Have you ever had surgery? [ ] Yes [ ] No

Do you exercise regularly? [ ] Yes [ ] No

How would you describe your overall level of stress?

[ ] Low [ ] Medium [ ] High